# SURPRISE BEHAVIORAL HEALTH 16804 W. Palisade Trail Lane Surprise, AZ 85387

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### **COUPLES THERAPY PARTICIPATION AGREEMENT**

\_\_\_\_\_\_ and \_\_\_\_\_ ("the Patients") have chosen to use Couples Therapy to resolve their family differences. They have agreed to engage Ruth Cohen, a licensed marriage and family therapist, to assist them with Couple's Therapy.

#### The Clients also agree to the following:

- 1. to provide a full and candid exchange of information between them and their therapist necessary to make a proper assessment of their relationship;
- 2. be respectful during counseling sessions to improve the flow of information

## The Therapist agrees to the following:

1. act as a neutral mental health professional and will not align with either patient

## The therapist's duties may involve the following:

- assisting the Patients to achieve outcomes that reflect their goals and interests and address the best interests of their relationship as well as children;
- improving the Patients' negotiation and problem-solving skills;
- increasing effective communication among family members;
- assisting the Patients in recognizing their relational strengths and weaknesses to enhance their future relationship;

#### **Testimony and Future Consulting**

The Patients and the therapist agree that if the counseling terminates, the therapist not be called as a witness by either patient in any future litigation between them, unless both Patients and the therapist agree otherwise in writing. The Patients and the therapist further agree that, if couple's counseling terminates, the therapist may not be further consulted by either Patient, unless the Patients reinstitute the couples counseling process and/or agree in writing to individual counseling for one or both of them.

Dated:	Therapist
Partner	Partner